

Your Local Food Bank

**FEEDING**  
**AMERICA**  
RIVERSIDE | SAN BERNARDINO

A member of **FEEDING**  
**AMERICA**

# KNOW HUNGER

Our Mission is to Alleviate Hunger in the Inland Empire

Fall 2019 Vol 7 Issue 2



## IN THIS ISSUE:

- 2 | Celebrating 40 Years
- 3 | Turkeys and Pies Needed
- 4 | Check Dates, Reduce Waste!

## Celebrating 40 Years

Dear FARSB Supporters and Friends—

As we approach a new year in 2020, I'd like to take this time now on behalf of our Board of Directors to ask you to plan to celebrate with us as we enter our 40th year of service to the Inland Empire.

From our humble beginnings in 1980, operating out of an old retail store as Survive Food Bank, to today in our 79,000 square foot warehouse filled with food for those in our community in need – we continue our efforts to be known as a nutrition bank.

Beyond providing healthy food through our more than 300 community partners, the families and others receiving food get so much more. They come for the food, yet receive other resources, other non-food supplies, assistance with other needs and much more.

During this time of celebration I wanted you to know

**“You have given far more than just food - you have given hope.”**

that as our supporter you have given far more than just food – you have given hope, a sense of stability for the future and have let our neighbors in need know that you care.

Look for news on our plans to expand and feed even more people in the coming years. I hope that we can count on your continued support.

Respectfully yours,

*Aaron Hodgdon*

Aaron Hodgdon, Board Chairman

## Volunteer Engagement Center

We are so thankful to Eric Roberts of Corona, who helped us create the Volunteer area of our dreams by designing moveable pallet walls. Congratulations Eric on your Eagle Scout Award and thank you for your commitment to our food bank!



Our new volunteer area will be the home of our **SUCCEED AND FEED**, a corporate-volunteer, team-building program while serving as a spacious and welcoming home for community volunteers who choose to spend the day with us.

Learn more about volunteering or hosting your next team building event at our food bank at [www.feedingIE.org](http://www.feedingIE.org)

---

*The season of giving is upon us.  
Can we count on you for support?*

---

## Hunger Action Day Success



On September 12, 2019, Hunger Action Day, our team spent the afternoon handing out free, nutrient-rich food to the students of Madison Elementary school in Riverside. We loved seeing the faces of those excited to receive nutritious items at no cost. Hunger Action Day may be over, but you can still show your support for hunger-relief programs in the Inland Empire by making a valued contribution today. Donate at [www.FeedingIE.org/donate](http://www.FeedingIE.org/donate)



## Turkeys and Pies Needed



This Thanksgiving, we will distribute hundreds of thanksgiving meals to community members in need. Now through November, we will be collecting frozen turkeys and pies as well as nonperishable side dishes like boxed stuffing, mashed potatoes, corn, green beans, and gravy. If interested in donating food or funds to our holiday meal campaign, please register your food drive at [www.FeedingIE.org/food-drives](http://www.FeedingIE.org/food-drives) or contact Andrea Richards at [arichards@FeedingamericaIE.org](mailto:arichards@FeedingamericaIE.org)

### Drop-off Details

Andrea Richards: (951) 359-4757  
2950-B Jefferson St. Riverside, CA 92504  
Monday-Friday  
8:00 AM-11:30 AM and 12:30 PM-3:00 PM

## Special Thanks

Everyday FARSB receives support from across the Inland Empire and elsewhere. Below is a list of just some of the donors and supporters who have made an impact during the last several months:

- The LA County Fair – Food Drive
- Wal-Mart - General Operating Support
- Disney – Produce Procurement
- Red Nose Campaign – Child Hunger
- Stater Bros./General Mills (Cheerios) – General Operating
- Kathleen & Chip Rosenbloom – General Operating
- California Association of Food Banks
- Macy's Employee Giving
- Kyle Yocky
- Nathan Westick
- Dr. Amiksha Patel
- Vistar- Food Drive

## Gala Seats Still Available



The Million Meals Gala – *Rising Above Hunger* tickets are on sale for a limited time! Join us on Saturday, November 2, 2019, on the rooftop of the Riverside City Hall's Grier Pavilion to help raise enough funds to provide ONE MILLION MEALS to community members in need. In addition to a gourmet dinner and unique auction experience, hear from special guest speaker and former UCR Alumna Melina Reyes, who held a hunger strike to raise awareness for campus-wide food-insecurity.

### Event Details

Saturday, November 2, 2019, 5:30 PM - 9:30 PM  
The Grier Pavilion Riverside City Hall 7th Floor Rooftop  
3900 Main St. Riverside, CA 92501  
\$150 Per Person (\$160 after 10/21/19), \$1,500 Per Table of 10  
Tickets & sponsorships available at [www.FeedingIE.org/gala](http://www.FeedingIE.org/gala)

## A Reason to Smile



Nothing is more rewarding than giving a child a reason to smile. Purchase through [amazon.smile.com](http://amazon.smile.com) this holiday season and select **Feeding America Riverside and San Bernardino Counties** as your charity of choice to help HUNDREDS of kids receive meals this holiday season. The purchases you are already planning to make, could provide a huge gift to neighbor in need. Sign up today!

## Thank You to the NEWEST Meals for Many Club Members

• Joseph Rodriguez • Bharatt Bhatt •

Join the Meals for Many Monthly Giving Club and get a shout out in our next newsletter!

## MARK YOUR CALENDAR

### October

- 8 - Food Bank 101 Public Tour - free and open to the public
- 19 - Volunteer Saturday - register online at [www.FeedingIE.org](http://www.FeedingIE.org)  
 No walk-ins will be accepted

### November

- 2 - Million Meals Gala- Rising Above Hunger  
 The Grier Pavilion Riverside City Hall 7th Floor Rooftop  
 3900 Main St. Riverside, CA 92501  
 Saturday, November 2, 2019, 5:30 PM - 9:30 PM  
 Tickets available at [www.FeedingIE.org/gala](http://www.FeedingIE.org/gala)
- 9 - Volunteer Saturday - register online at [www.FeedingIE.org](http://www.FeedingIE.org)  
 No walk-ins will be accepted
- 12 - Food Bank 101 Public Tour - free and open to the public

### December

- 3 - Giving Tuesday
- 10 - Food Bank 101 Public Tour - free and open to the public
- TBD** KTLA5 Take 5 to Care Live Food Drive
- TBD** Empty Bowls - purchase a handcrafted bowl made by a local student for \$10  
 All proceeds benefit FARSB  
 Riverside Art Museum, 11AM to 3 PM

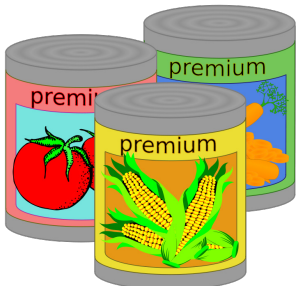
## Donate Food Locally!

- |                                |                                       |
|--------------------------------|---------------------------------------|
| Now- December 31, 2019         | Juice It Up (Inland Empire locations) |
| November 1 - December 31, 2019 | Wells Fargo (Inland Empire locations) |
| November 1 - November 15, 2019 | BMW Murrieta                          |
| November 1 - November 15, 2019 | Volkswagen Murrieta                   |

## Check Dates, Reduce Waste!

According to a study from the Natural Resources Defense Council (NRDC), ninety percent of Americans misinterpret the dates on labels, whether it's a "sell by," "best if used by," or "use by" label. Despite these labels you see, there are no federal regulations regarding the dates, (with an exception to baby formula). These dates are simply the manufacturer's best guess on the item's freshness, which is often times, very conservative.

These labels you see are a huge contributor to food waste in the U.S. In fact, according to Feeding America National Organization (FANO), \$218 billion dollars worth of food is thrown away each year by manufacturers, retailers, restaurants, and everyday shoppers.



With all of the food being wasted, there are still over 41 million food-insecure people in America. If we all took the time to educate ourselves about those very labels and the ability we have to still consume items shortly

after the expiration date, we could slowly but surely reduce food waste and contribute to a more livable, sustainable, and food-rich community.

Check out this list of categories to determine if items in your pantry are still safe to consume today, tomorrow, and maybe even next month!

The following items can be extended three months to one year past the date listed on the can or box. Please refer to the chart below when looking to see if items in your pantry are still safe to consume.

3 months	Juice
3 months	Soft Drinks
3 months	Snacks
3 months	Candy (non-Hershey brand)
6 months	Complete Meals (instant noodles)
6 months	Cereal and oatmeal
6 months	Baking Products
6 months	Coffee and tea
1 year	Canned Vegetables
1 year	Condiments
1 year	Oil
1 year	Soups
1 year	Canned Fruits
1 year	Proteins with & without meat
1 year	Starches